

Area 7 Agency on Aging and Disabled West Central Indiana Economic Development District, Inc.

2013

Benchmark Comparison Report



Community Assessment Survey
for Older Adults™



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Survey Background

Comparison Data

NRC has developed a database that collates responses to CASOA™ and related surveys administered in other communities, which allows the results from the counties served by Area 7 Agency on Aging and Disabled West Central Indiana Economic Development District, Inc. to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in 175+ communities across the nation. The demographics of NRC's database match the demographics in the nation, based on the U.S. Census 2010 estimates.

Interpreting the Results

Ratings are compared when similar questions are included in NRC's database and there are at least five communities in which the question was asked. Where comparisons are available, three numbers are provided in the table. The first column is West Central Indiana's proportion of the population responding in a particular way (e.g., percent "likely" to recommend living in the community). The second column is the rank assigned to this rating among communities where a similar question was asked. The third column is the number of communities that asked a similar question. The fourth column shows the comparison of West Central Indiana's rating (column one) to the benchmark.

Where comparisons for ratings were available, West Central Indiana's results were generally noted as being "higher" than the benchmark, "lower" than the benchmark or "similar" to the benchmark. In instances where ratings are considerably higher or lower than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, "much higher" or "much lower"). These labels come from a statistical comparison of West Central Indiana's rating to the benchmark where a rating is considered "similar" if it is within the margin of error; "higher" or "lower" if the difference between your community's rating and the benchmark is greater than the margin of error; and "much higher" or "much lower" if the difference between your community's rating and the benchmark is more than twice the margin of error.

Benchmark Comparisons

Table 1: Area 7 as a Place for Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Your community as an excellent or good place to live	72%	258	285	Much lower
Your community as an excellent or good place to retire	63%	218	283	Much lower
Excellent or good overall services provided to older adults in your community	42%	245	261	Much lower

Table 2: Recommendation of Area 7 to Others Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to recommend living in your community to older adults	72%	22	26	Lower

Table 3: Remaining in Area 7 throughout Retirement Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Likely to remain in your community throughout retirement	92%	7	26	Higher

Table 4: Older Adult Community and Belonging Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good sense of community	43%	275	284	Much lower
Excellent or good openness and acceptance of the community towards older residents of diverse backgrounds	39%	255	265	Much lower
Excellent or good overall feeling of safety in your community	64%	15	21	Similar
Excellent or good valuing of older residents in your community	45%	21	21	Much lower
Excellent or good neighborliness in your community	45%	21	21	Much lower

Table 5: Safety Problems Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with being a victim of crime	12%	9	26	Similar
Problems with being a victim of fraud or a scam	13%	17	26	Similar
Problems with being physically or emotionally abused	7%	13	26	Similar

Table 6: Awareness of Older Adult Services and Activities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Informed about services and activities available to older adults in your community	57%	18	26	Similar

Table 7: Availability of Information about Older Adult Resource Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of information about resources for older adults	25%	25	26	Much lower
Excellent or good availability of financial and legal planning services	31%	19	21	Much lower

Table 8: Meaningful Activities Needs Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding productive or meaningful activities to do	40%	3	26	Much higher
Problems with feeling like your voice is heard in the community	60%	5	26	Higher
Problems with finding meaningful volunteer work	34%	3	26	Higher
Problems with not knowing what services are available to older adults in your community	64%	4	26	Higher

Table 9: Volunteer Opportunities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to volunteer	62%	180	194	Much lower

Table 10: Participation in Civic Activities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Attended a meeting of local elected officials or other local public meeting in your community at least once in past 12 m	28%	175	283	Lower
Watched a local or other public meeting on cable television, the Internet or other media at least once in past 12 months	42%	162	226	Much lower
Participating in a civic group (including Elks, Kiwanis, Masons, etc.) for one hour or more per week	17%	1	26	Higher
Volunteering your time to some group/activity in your community for one hour or more per week	35%	10	26	Similar
Registered to vote in your jurisdiction	90%	187	284	Similar
Voted in the last general election	84%	170	283	Similar

Table 11: Social Engagement Opportunities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to attend social events or activities	52%	158	193	Much lower
Excellent or good opportunities to attend religious or spiritual activities	80%	119	167	Similar

Table 12: Participation in Social Activities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a senior center in your community at least once in past 12 months	17%	17	26	Similar
Participating in a club (including book, dance, game and other social) for one hour or more per week	33%	7	26	Similar
Participating in religious or spiritual activities with others for one hour or more per week	61%	18	26	Lower

Table 13: Social Engagement Problems Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting social events or activities to attend	50%	5	26	Much higher

Table 14: Recreational and Personal Enrichment Opportunities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good opportunities to enroll in skill-building or personal enrichment classes	34%	21	26	Much lower
Excellent or good recreation opportunities (including games, arts and library services, etc.)	44%	247	281	Much lower

Table 15: Participation in Recreational and Personal Enrichment Activities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used a recreation center in your community at least once in past 12 months	23%	229	237	Much lower
Used a public library in your community at least once in past 12 months	52%	23	26	Much lower
Visited a neighborhood park at least once in past 12 months	72%	205	281	Lower
Participating in a recreation program or group activity for one hour or more per week	32%	22	26	Lower

Table 16: Recreational Problems Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having interesting recreational or cultural activities to attend	49%	7	26	Higher

Table 17: Caregiver Burden in Area 7 Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling physically burdened by providing care for another person	19%	17	18	Lower
Problems with feeling emotionally burdened by providing care for another person	24%	14	18	Similar
Problems with feeling financially burdened by providing care for another person	20%	9	18	Similar

Table 18: Employment Opportunities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good employment opportunities	9%	256	269	Much lower

Table 19: Financial and Legal Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having enough money to meet daily expenses	43%	6	26	Much higher
Problems with having enough money to pay your property taxes	26%	12	26	Similar
Problems with dealing with legal issues	25%	21	26	Lower
Problems with finding work in retirement	30%	18	26	Similar
Problems with building skills for paid or unpaid work	32%	10	26	Similar
Problems with dealing with financial planning issues	36%	13	26	Similar

Table 20: Physical Health Opportunities Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good fitness opportunities (including exercise classes and paths or trails, etc.)	49%	24	26	Much lower
Excellent or good availability of affordable quality physical health care	42%	202	237	Much lower

Table 21: Overall Physical Health of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall physical health	58%	24	26	Much lower

Table 22: Physical Health Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with your physical health	65%	7	26	Higher
Problems with doing heavy or intense housework	67%	3	26	Much higher
Problems with maintaining your home	48%	6	26	Much higher
Problems with maintaining your yard	52%	2	26	Much higher
Problems with staying physically fit	63%	7	26	Higher
Problems with maintaining a healthy diet	48%	8	26	Higher

Table 23: Availability of Mental Healthcare Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality mental health care	34%	17	26	Lower

Table 24: Emotional Wellbeing of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall mental health/emotional well being	82%	17	26	Similar

Table 25: Mental Health Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with feeling depressed	44%	8	26	Higher
Problems with experiencing confusion or forgetfulness	41%	7	26	Higher
Problems with having friends or family you can rely on	25%	15	26	Similar
Problems with figuring out which medications to take and when	13%	6	18	Similar
Problems with feeling bored	47%	6	26	Higher
Problems with feeling lonely or isolated	35%	6	26	Higher
Problems with dealing with the loss of a close family member or friend	39%	11	26	Similar

Table 26: Availability of Preventative Health Care Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of preventative health services (e.g., health screenings, flu shots, educational workshops)	53%	22	26	Much lower

Table 27: Health Care Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with finding affordable health insurance	43%	7	26	Higher
Problems with getting the health care you need	28%	13	26	Similar
Problems with affording the medications you need	39%	5	26	Much higher
Problems with getting the oral health care you need	26%	14	21	Similar
Problems with getting the vision care you need	29%	2	18	Higher
Problems with having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	41%	7	26	Similar

Table 28: Falls, Hospitalizations and Institutionalizations of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Spent at least 1 day in a hospital in past 12 months	29%	3	25	Higher
Spent at least 1 day in a nursing home or in-patient rehabilitation facility	5%	6	25	Similar
Had at least 1 fall in the past 12 months	29%	17	25	Similar

Table 29: Care Options for Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of long-term care options	39%	12	18	Lower
Excellent or good availability of daytime care options for older adults	23%	15	18	Much lower

Table 30: Independent Living Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with performing regular activities, including walking, eating and preparing meals	36%	10	26	Similar
Problems with no longer being able to drive	15%	16	26	Similar
Problems with falling or injuring yourself in your home	28%	10	26	Similar

Table 31: Aspects of Design and Land Use Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good availability of affordable quality housing	37%	180	272	Much lower
Excellent or good variety of housing options	34%	184	192	Much lower
Excellent or good ease of car travel in your community	63%	127	265	Similar
Excellent or good ease of walking in your community	51%	207	268	Much lower
Excellent or good ease of getting to the places you usually have to visit	59%	20	21	Much lower

Table 32: Bus Ridership of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Used public transportation (bus, rail, on-demand/senior transportation) within your community at least once	6%	22	24	Much lower

Table 33: Daily Living Problems of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Problems with having housing to suit your needs	16%	16	26	Similar
Problems with having enough food to eat	14%	8	26	Similar
Problems with having safe and affordable transportation available	24%	11	26	Similar

Table 34: Overall Quality of Life of Older Residents Benchmarks

	Area 7 percent	Rank	Number of Jurisdictions for Comparison	Comparison to benchmark
Excellent or good overall quality of life	74%	22	26	Lower